









## Parent & Tot 1

This level was designed for the 4-12-month-old and is about helping your child feel and explore the water by floating, reaching, splashing, and paddling. Parents must be in the water with their children for this level.



## Parent & Tot 2

This level was designed for the 12-24-month-old and is about continuing to learn and enjoy the water with the parent. By the end of Parent & Tot, it is hopeful that children are over any fears of the water they may have and feel comfortable with a parent in the water with them.



## Parent & Tot 3

This level is designed for 2 to 3-year-olds to enjoy the water with a parent. Parent & Tot 3 continues to work on floats, glides, holding breath underwater, and jumping in the pool. This is the perfect level for kids who have completed Parent & Tot 2, aren't quite ready to be alone in the water without a parent, or are not old enough (3 years old) to start in Preschool 1.