



Lifesaving Instructor

The Lifesaving Instructor course prepares instructors to teach the Lifesaving Society's:

- Bronze Star, Bronze Medallion, Bronze Cross
- Lifesaving Fitness
- Basic and Emergency First Aid, and CPR-A, CPR-B and CPR-C

Prerequisites:

15 years of age by the end of the course; Bronze Cross certification (does not need to be current).

Lifesaving Instructor course:

20-hour course with classroom in water components

Required references:

- Instructor Manual
- Bronze Medals Award Guide
- First Aid Award Guide

Recertification:

Instructors remain current by recertifying within 24 months of the last certification date.